

## HR0478 LRB099 12273 GRL 35254 r

## 1 HOUSE RESOLUTION

WHEREAS, Mental health is a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community; and

WHEREAS, There is a stigma around mental health issues that can often prevent informed conversations on mental health issues as well as proper treatment from taking place; removing the stigma surrounding mental health issues will allow those suffering with mental health issues to more easily seek treatment and gain an understanding of their condition; and

WHEREAS, Mental illnesses are health conditions that are characterized by alterations in thinking, mood, or behavior, or some combination thereof, associated with distress or impaired functioning; behavioral health is defined as the behaviors and biology relating to a person's mental well-being, ability to function in everyday life, and concept of self; and

WHEREAS, Mental illnesses take on a wide variety of forms, including, but not limited to, mood disorders such as depression, anxiety disorders, schizophrenia, dementias, and eating disorders, which can be associated with learning

- 1 disabilities; and
- 2 WHEREAS, Learning disabilities are neurologically based
- 3 mental processing disabilities that can give rise to
- 4 difficulties in acquiring knowledge and skills; learning
- 5 disabilities include, but are not limited to, autism, dyslexia,
- 6 visual processing disorders, auditory processing disorders,
- 7 ADHD, dyscalculia, dysgraphia, and dyspraxia; and
- 8 WHEREAS, Children with learning disabilities are
- 9 disproportionately affected by mental health issues; 36% of
- 10 children with a learning disability will also develop mental
- 11 health issues; and
- WHEREAS, Mental health is essential to one's overall health
- and well-being, and mental health issues can strike a person
- 14 regardless of his or her age, gender, race, ethnicity,
- 15 religion, or economic status; and
- 16 WHEREAS, There is a lack of awareness of how to treat
- 17 mental health issues and of resources available for that
- purpose; there is also a crisis of unaddressed mental health
- issues in the United States and the State of Illinois; and
- 20 WHEREAS, Those suffering from a mental illness and their
- 21 loved ones often do not understand how to identify the symptoms

- 1 and warning signs; and
- 2 WHEREAS, Untreated mental health issues lead to lost
- 3 potential and numerous societal problems, such as increased
- 4 incarceration rates, substance abuse rates, and emergency room
- 5 visits; and
- 6 WHEREAS, According to the National Institute of Mental
- 7 Health, there are an estimated 43.7 million adults with a
- 8 mental disorder, or 18.6% of the total adult population in the
- 9 United States; just over 20% of American children, either
- 10 currently or at some point during their life, have or will have
- 11 a seriously debilitating mental disorder; and
- 12 WHEREAS, The National Survey on Drug Use and Health found
- 13 that only 58.7% of adults in the United States with a serious
- mental illness received treatment for a mental health problem;
- 15 and
- 16 WHEREAS, The National Health and Nutrition Examination
- 17 Survey found that only 50.6% of children with mental disorders
- 18 had received treatment for their disorder within the past year;
- 19 and
- 20 WHEREAS, With proper treatment, many mental health
- 21 problems can dissipate or be reduced to a level where the

- person can fully function; and
- 2 WHEREAS, According to the National Alliance on Mental
- 3 Illness, successful treatment rates for mental illness are
- 4 extremely high and range from between 60% to 80%; the
- 5 successful treatment rate for schizophrenia is roughly 60%,
- 6 while depression is 70% and bipolar disorder is 80%; and
- 7 WHEREAS, People with mental illness who are in treatment
- 8 can lead full, productive lives in their communities; and
- 9 WHEREAS, The Bureau of Labor Statistics estimates that 89.3
- 10 million Americans live in federally designated Mental Health
- 11 Professional Shortage areas, where there is little to no access
- to mental health professionals; and
- 13 WHEREAS, A Journal of Psychiatric Services survey found
- 14 that 47% of people untreated for mental health issues reported
- 15 cost as a reason not to seek treatment; the same survey also
- found that 66% of untreated mental health patients did not go
- 17 to a doctor because they thought the problem would get better
- 18 on its own; and
- 19 WHEREAS, Six of 12 City of Chicago public mental health
- 20 clinics were closed in 2012; and

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- 1 WHEREAS, A total of 64.2% of inmates in local jails
- 2 satisfied the criteria for a mental health problem currently or
- 3 in the previous year; and
- WHEREAS, The United States Department of Justice's Survey
- of Inmates in State and Federal Correctional Facilities found
- 6 that fewer than half of inmates with a mental health problem
- 7 have ever received treatment and only one-third received mental
- 8 health treatment after admission; and
- 9 WHEREAS, The National Alliance on Mental Illness found that
- 10 states collectively cut \$1.8 billion from their mental health
- budgets during the recession; the organization also found that,
- from 2009 to 2012, Illinois cut mental health funding by \$187
- million, a 31.7% reduction; Illinois cut the fourth most of any
- 14 state during this time period; and
- 15 WHEREAS, The Affordable Care Act makes behavioral and
- 16 mental health treatment available to people throughout the
- 17 country, especially those who could not previously afford
- 18 treatment; and
- 19 WHEREAS, Mental health issues influence all branches of
- 20 State government, including public health, children and family
- 21 services, criminal justice, housing, employment, and other
- 22 services; and

1 WHEREAS, It should be a fundamental goal of the State of

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- 2 Illinois to ensure proper awareness, identification, and
- 3 treatment for mental health issues; therefore, be it
- 4 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
- 5 NINETY-NINTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
- 6 acknowledge the seriousness of mental health issues in Illinois
- 7 and strive to improve awareness and treatment of these issues;
- 8 and be it further
- 9 RESOLVED, That we urge the members of the General Assembly
- 10 to have discussions and forums with their communities to
- 11 promote awareness of mental health issues and access to mental
- 12 health resources; and be it further
- 13 RESOLVED, That we encourage the members of the General
- 14 Assembly and all school districts in Illinois to post
- 15 information on mental health issues and local treatment
- 16 resources on their public websites; and be it further
- 17 RESOLVED, That we encourage all school districts in
- 18 Illinois to implement mental health screenings to properly
- 19 identify students with mental health problems; and be it
- 20 further

- 1 RESOLVED, That we encourage the federal government to
- 2 improve mental health awareness, treatment, and funding to
- 3 improve the lives of citizens struggling with mental health
- 4 issues; and be it further
- 5 RESOLVED, That suitable copies of this resolution be
- delivered to President Barack Obama, the United States House of
- 7 Representatives, and the United States Senate to review and
- 8 discuss at the national level.