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HOUSE RESOLUTION

2           WHEREAS, State Representatives Monique D. Davis, together  
3 with the House of Representatives, is please to recognize Jet  
4 Magazine for its commitment to bringing national recognition to  
5 the obesity problem, especially among African-Americans; and

6           WHEREAS, African-Americans are more susceptible to medical  
7 conditions such as diabetes, high blood pressure, heart  
8 disease, and other illnesses which can be strongly linked to  
9 diet, obesity, and lack of exercise; studies show that lack of  
10 exercise combined with a diet high in fat and sugar during  
11 childhood can increase the risks of developing those same  
12 health problems even earlier in life; and

13           WHEREAS, In order to bring attention to these things and to  
14 motivate African-Americans to take charge of their health, Jet  
15 Magazine is sponsoring Club Jet's Family Health and Fitness  
16 Affair on July 8, 2006, at Washington Park; and

17           WHEREAS, The Family Health and Fitness Affair will include  
18 live entertainment, group workouts, health and wellness  
19 workshops by medical professionals, sponsor exhibits, and  
20 demonstrations to educate visitors on the benefits of daily  
21 exercise and healthy eating habits that are vital to maintain  
22 and improve well-being; and

23           WHEREAS, This free public affair is planned to be a  
24 motivation to families to practice daily routine exercises and  
25 healthy eating habits; there will be workshops targeted at  
26 adults, teens and children, and senior citizens; therefore, be  
27 it

28           RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE  
29 NINETY-FOURTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that  
30 we recognize Jet Magazine for its commitment to bringing

1 national recognition to the obesity problem, especially among  
2 African-Americans; and be it further

3       RESOLVED, That a suitable copy of this resolution be  
4 presented to Jet Magazine as an expression of our esteem.