



HR0830

LRB093 21756 RXD 49585 r

1 HOUSE RESOLUTION

2 WHEREAS, The FDA has shown that consumption of soft drinks
3 has increased by 500% over the past 50 years, and Americans
4 consume more than 53 gallons of carbonated soft drinks per
5 person per year; and

6 WHEREAS, Studies have consistently shown that frequent
7 consumption of carbonated beverages with added sweeteners
8 increases the risk of dental caries, enamel erosion, and
9 obesity; and

10 WHEREAS, An extra soft drink a day gives a child a 60%
11 greater chance of becoming obese; and

12 WHEREAS, Creating a captive audience among students for
13 commercial marketing purposes and exclusive brand loyalty
14 violate both the spirit of competition and public trust in
15 schools; and

16 WHEREAS, Low income children receive most of their fruits
17 and vegetables from school meal programs, but the great
18 availability of soft drinks and junk foods undermines the
19 schools meal programs, and contribute to the diminished health
20 of low income children; and

21 WHEREAS, The combined situation of increasing financial
22 pressures on schools along with private contracts providing
23 financial benefits and opportunities for schools has created an
24 inviting atmosphere for exclusive vending contracts; and

25 WHEREAS, Schools play a significant role in nutrition
26 education, not only because children eat many of their meals at
27 school, but also because schools educate students concerning
28 appropriate nutritional decisions and are viewed by students as
29 an authority, setting examples that will last a lifetime; and

1 WHEREAS, Pursuant to House Resolution 147, the Department
2 of Public Health, in conjunction with the State Board of
3 Education, has conducted a sugar consumption study to determine
4 the effect of sugar consumption on the overall health of school
5 children; and

6 WHEREAS, Many studies exist that substantially document
7 that increases in sugar consumption in children/adolescents'
8 diets have an adverse effect on overall health, and given the
9 multitude of clinical studies it would be repetitive to conduct
10 additional studies in Illinois on sugar's impact on children's
11 health; therefore, be it

12 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
13 NINETY-THIRD GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
14 urge the State Board of Education, the soft drink industry, and
15 the Illinois Statewide School Management Alliance to eliminate
16 soft drink beverage sales and junk food products from school
17 settings; and be it further

18 RESOLVED, That schools substitute these sugar-laden
19 products with healthy drinks and products such as fruit juices
20 that are composed of no less than 50% fruit juice and that have
21 no added sweeteners, bottled water, milk, including but not
22 limited to, chocolate milk, soymilk, rice milk, other similar
23 dairy or non-dairy milk, and electrolyte replacement beverages
24 that do not contain more than 42 grams of added sweetener per
25 20 ounce serving; and be it further

26 RESOLVED, That suitable copies of this resolution be
27 delivered to the soft drink industry, the State Board of
28 Education, and the Statewide School Management Alliance of
29 Illinois.