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HOUSE RESOLUTION

2 WHEREAS, Celiac Disease, also known as Celiac Sprue, is a 3 genetic, autoimmune disease that affects 2.1 million people 4 in the United States and 94,742 in the State of Illinois; 5 Celiac Disease causes damage to the small intestine and 6 interferes with the intestine's function of digestion and 7 absorption of nutrients; and

8 WHEREAS, One in 700 will carry the diagnosis, and 9 undiagnosed Celiac Disease may be as common as one in 133 10 persons; and

11 WHEREAS, Damage occurs when the protein fraction of 12 dietary gluten found in wheat, oats, rye, and barley comes in 13 contact with the lining of the small intestine; and

14 WHEREAS, Gluten damages the intestines and keeps your 15 body from taking in many of the nutrients from food; this 16 includes vitamins, calcium, protein, carbohydrates, fats, and 17 other important nutrients; and

WHEREAS, Celiac Disease is a genetic disorder, and if one family member has the disease, each first degree family member has a risk of developing Celiac Disease approaching 10%; a person may have this tendency for a while without getting sick, then something like severe stress, physical injury, infection, childbirth, or surgery can "trigger" the disease; and

25 WHEREAS, Celiac Disease affects both adults and children; 26 among the most common symptoms (in fact the most common 27 symptoms for adults and children is no symptoms at all) for 28 adults are weight loss, chronic diarrhea or constipation, 29 abdominal cramping, intestinal gas, and muscle wasting; for 30 children the symptoms usually include growth failure, 31 projectile vomiting, diarrhea, and a bloated abdomen; and 1 WHEREAS, Celiac Disease is a life-long disease that 2 fortunately can be controlled by following a 100% gluten-free 3 diet; by following this diet, you can reverse the damage 4 caused by the disease and feel better; and

5 WHEREAS, New blood tests can help your doctor diagnose 6 this disease, including the tissue transglutaminase test and 7 the anti-endomysial antibody test; those who test positive 8 require an endoscopic biopsy to establish the diagnosis; if 9 you have dermatitis herpetiformis (an itchy, blistery skin 10 problem), a simple skin biopsy can diagnose the disease; and

11 WHEREAS, Celiac Disease Awareness Month strives to 12 increase public awareness of the symptoms and causes of the 13 disease, as well as to educate physicians caring for those 14 with undiagnosed celiac disease; therefore, be it

15 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE 16 NINETY-THIRD GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that 17 we declare the month of October 2003, and every October 18 thereafter, as Celiac Disease Awareness Month in the State of 19 Illinois and all citizens are urged to join in the 20 commemoration of this important observance.