

**SB3678**



**101ST GENERAL ASSEMBLY**

**State of Illinois**

**2019 and 2020**

**SB3678**

Introduced 2/14/2020, by Sen. Laura Fine

**SYNOPSIS AS INTRODUCED:**

215 ILCS 5/370c

from Ch. 73, par. 982c

Amends the Illinois Insurance Code. Provides that the Department of Insurance and the Department of Healthcare and Family Services shall each appoint a Mental Health and Substance Use Disorder Parity Compliance Officer to assist with the responsibilities of enforcing the requirements of the Illinois Insurance Code. Provides that group accident and health policies providing coverage for hospital or medical treatment or services for illness on an expense-incurred basis shall provide specified coverage for the diagnosis and medically necessary treatment of mental, emotional, nervous, or substance use disorders or conditions. Provides criteria and standards for the types of treatment that constitute medically necessary treatment of mental, emotional, nervous, or substance use disorders or conditions. Provides that an insurer shall not limit benefits or coverage for chronic or pervasive mental, emotional, nervous, or substance use disorders or conditions to short-term treatment or to alleviating current symptoms. Provides that insurers shall perform specified actions to ensure the proper use of medical necessity criteria. Provides that if medically necessary services for mental, emotional, nervous, or substance use disorders or conditions are not available in-network within the geography and timeliness standards, the insurer must cover out-of-network services. Provides that if the Department of Insurance determines that an insurer has failed to meet the requirements of the amendatory Act, it shall impose a penalty per product line with respect to each beneficiary. Makes other changes.

LRB101 20367 BMS 69913 b

FISCAL NOTE ACT  
MAY APPLY

STATE MANDATES  
ACT MAY REQUIRE  
REIMBURSEMENT

**A BILL FOR**

1 AN ACT concerning regulation.

2 **Be it enacted by the People of the State of Illinois,**  
3 **represented in the General Assembly:**

4 Section 1. Reference to Act. This Act may be referred to as  
5 the Ensuring Coverage of Mental Health and Substance Use  
6 Disorder Care Act.

7 Section 2. Intent; purposes; findings.

8 (a) The General Assembly intends by this Act to ensure that  
9 all health plan medical necessity determinations concerning  
10 mental health and substance use disorder services are fully  
11 consistent with the generally accepted standards of behavioral  
12 healthcare.

13 (b) The U.S. District Court of the Northern District of  
14 California in *Wit v. United Behavioral Health*, 2019 WL 1033730  
15 (N.D.CA Mar. 5, 2019), a class-action case representing over  
16 50,000 people wrongly and systematically denied coverage of  
17 mental health and substance use disorder services they sought,  
18 found that generally accepted standards of care require:

19 (1) effective treatment of underlying conditions,  
20 rather than mere amelioration of current symptoms (such as  
21 suicidality or psychosis);

22 (2) treatment of co-occurring behavioral health  
23 disorders and medical conditions in a coordinated manner;

1           (3) treatment of the least intensive and restrictive  
2 level of care that is safe and effective; a lower level or  
3 less intensive care is appropriate only if it is safe and  
4 just as effective as treatment at a higher level of service  
5 intensity;

6           (4) erring on the side of caution by placing patients  
7 in higher levels of care when there is ambiguity as to the  
8 appropriate level of care or when the recommended level of  
9 care is not available;

10          (5) treatment to maintain functioning or prevent  
11 deterioration;

12          (6) treatment of mental health and substance use  
13 disorders for an appropriate duration based on individual  
14 patient needs rather than on specific time limits;

15          (7) accounting for the unique needs of children and  
16 adolescents when making level of care decisions; and

17          (8) applying multidimensional assessments of patient  
18 needs when making determinations regarding the appropriate  
19 level of care.

20          (c) In *Wit v. United Behavioral Health*, the U.S. District  
21 Court concluded that all parties' experts agreed that the  
22 following standardized assessment tools, used for medical  
23 necessity determinations and placement decisions, reflect  
24 generally accepted standards of care:

25           (1) the Treatment Criteria for Addictive,  
26 Substance-Related, and Co-Occurring Conditions (ASAM

1 Criteria) developed by the American Society of Addiction  
2 Medicine;

3 (2) the Level of Care Utilization System (LOCUS)  
4 criteria developed by the American Association of  
5 Community Psychiatrists;

6 (3) the Child and Adolescent Level of Care Utilization  
7 System (CALOCUS) developed by the American Association of  
8 Community Psychiatrists;

9 (4) the Child and Adolescent Services Intensity  
10 Instrument (CASII) developed by the American Academy of  
11 Child & Adolescent Psychiatry; and

12 (5) the Early Childhood Service Intensity Instrument  
13 (ECSII) developed by the American Academy Child &  
14 Adolescent Psychiatry.

15 (d) Nothing in this Act is intended to be interpreted in  
16 such a manner that it undermines patient self determination or  
17 in a manner that limits a patient's right to choose his or her  
18 preferred course of care or that is inconsistent with the  
19 Medical Patient Rights Act.

20 Section 5. The Illinois Insurance Code is amended by  
21 changing Section 370c as follows:

22 (215 ILCS 5/370c) (from Ch. 73, par. 982c)

23 Sec. 370c. Mental and emotional disorders.

24 (a)(1) On and after August 16, 2019 ~~January 1, 2019~~ (the

1 effective date of Public Act 101-386 ~~this amendatory Act of the~~  
2 ~~101st General Assembly Public Act 100-1024~~), every insurer that  
3 amends, delivers, issues, or renews group accident and health  
4 policies providing coverage for hospital or medical treatment  
5 or services for illness on an expense-incurred basis shall,  
6 pursuant to subsections (h) through (m), provide coverage for  
7 the diagnosis and medically necessary treatment of ~~reasonable~~  
8 ~~and necessary treatment and services for~~ mental, emotional,  
9 nervous, or substance use disorders or conditions consistent  
10 with the parity requirements of Section 370c.1 of this Code.

11 (2) Each insured that is covered for mental, emotional,  
12 nervous, or substance use disorders or conditions shall be free  
13 to select the physician licensed to practice medicine in all  
14 its branches, licensed clinical psychologist, licensed  
15 clinical social worker, licensed clinical professional  
16 counselor, licensed marriage and family therapist, licensed  
17 speech-language pathologist, or other licensed or certified  
18 professional at a program licensed pursuant to the Substance  
19 Use Disorder Act of his choice to treat such disorders, and the  
20 insurer shall pay the covered charges of such physician  
21 licensed to practice medicine in all its branches, licensed  
22 clinical psychologist, licensed clinical social worker,  
23 licensed clinical professional counselor, licensed marriage  
24 and family therapist, licensed speech-language pathologist, or  
25 other licensed or certified professional at a program licensed  
26 pursuant to the Substance Use Disorder Act up to the limits of

1 coverage, provided (i) the disorder or condition treated is  
2 covered by the policy, and (ii) the physician, licensed  
3 psychologist, licensed clinical social worker, licensed  
4 clinical professional counselor, licensed marriage and family  
5 therapist, licensed speech-language pathologist, or other  
6 licensed or certified professional at a program licensed  
7 pursuant to the Substance Use Disorder Act is authorized to  
8 provide said services under the statutes of this State and in  
9 accordance with accepted principles of his profession.

10 (3) Insofar as this Section applies solely to licensed  
11 clinical social workers, licensed clinical professional  
12 counselors, licensed marriage and family therapists, licensed  
13 speech-language pathologists, and other licensed or certified  
14 professionals at programs licensed pursuant to the Substance  
15 Use Disorder Act, those persons who may provide services to  
16 individuals shall do so after the licensed clinical social  
17 worker, licensed clinical professional counselor, licensed  
18 marriage and family therapist, licensed speech-language  
19 pathologist, or other licensed or certified professional at a  
20 program licensed pursuant to the Substance Use Disorder Act has  
21 informed the patient of the desirability of the patient  
22 conferring with the patient's primary care physician.

23 (4) "Mental, emotional, nervous, or substance use disorder  
24 or condition" means a condition or disorder that involves a  
25 mental health condition or substance use disorder that falls  
26 under any of the diagnostic categories listed in the mental and

1 behavioral disorders chapter of the current edition of the  
2 International Classification of Disease or that is listed in  
3 the most recent version of the Diagnostic and Statistical  
4 Manual of Mental Disorders. "Mental, emotional, nervous, or  
5 substance use disorder or condition" includes any mental health  
6 condition that occurs during pregnancy or during the postpartum  
7 period and includes, but is not limited to, postpartum  
8 depression.

9 (b) (1) (Blank).

10 (2) (Blank).

11 (2.5) (Blank).

12 (3) Unless otherwise prohibited by federal law and  
13 consistent with the parity requirements of Section 370c.1 of  
14 this Code, the reimbursing insurer that amends, delivers,  
15 issues, or renews a group or individual policy of accident and  
16 health insurance, a qualified health plan offered through the  
17 health insurance marketplace, or a provider of treatment of  
18 mental, emotional, nervous, or substance use disorders or  
19 conditions shall furnish medical records or other necessary  
20 data that substantiate that initial or continued treatment is  
21 at all times medically necessary. An insurer shall provide a  
22 mechanism for the timely review by a provider holding the same  
23 license and practicing in the same specialty as the patient's  
24 provider, who is unaffiliated with the insurer, jointly  
25 selected by the patient (or the patient's next of kin or legal  
26 representative if the patient is unable to act for himself or

1 herself), the patient's provider, and the insurer in the event  
2 of a dispute between the insurer and patient's provider  
3 regarding the medical necessity, made pursuant to subsections  
4 (h) through (m), of a treatment proposed by a patient's  
5 provider. If the reviewing provider determines the treatment to  
6 be medically necessary, the insurer shall provide  
7 reimbursement for the treatment. Future contractual or  
8 employment actions by the insurer regarding the patient's  
9 provider may not be based on the provider's participation in  
10 this procedure. Nothing prevents the insured from agreeing in  
11 writing to continue treatment at his or her expense. When  
12 making a determination of the medical necessity pursuant to  
13 subsections (h) through (m) for a treatment modality for  
14 mental, emotional, nervous, or substance use disorders or  
15 conditions, an insurer must make the determination in a manner  
16 that is consistent with the manner used to make that  
17 determination with respect to other diseases or illnesses  
18 covered under the policy, including an appeals process. Medical  
19 necessity determinations made pursuant to subsections (h)  
20 through (m) for substance use disorders shall be made in  
21 accordance with appropriate patient placement criteria  
22 established by the American Society of Addiction Medicine. No  
23 additional criteria may be used to make medical necessity  
24 determinations, pursuant to subsections (h) through (m), for  
25 substance use disorders.

26 (4) A group health benefit plan amended, delivered, issued,



1 or renewed on or after January 1, 2019 (the effective date of  
2 Public Act 100-1024) or an individual policy of accident and  
3 health insurance or a qualified health plan offered through the  
4 health insurance marketplace amended, delivered, issued, or  
5 renewed on or after January 1, 2019 (the effective date of  
6 Public Act 100-1024):

7 (A) shall provide coverage based upon medical  
8 necessity, pursuant to subsections (h) through (m), for the  
9 treatment of a mental, emotional, nervous, or substance use  
10 disorder or condition consistent with the parity  
11 requirements of Section 370c.1 of this Code; provided,  
12 however, that in each calendar year coverage shall not be  
13 less than the following:

14 (i) 45 days of inpatient treatment; and

15 (ii) beginning on June 26, 2006 (the effective date  
16 of Public Act 94-921), 60 visits for outpatient  
17 treatment including group and individual outpatient  
18 treatment; and

19 (iii) for plans or policies delivered, issued for  
20 delivery, renewed, or modified after January 1, 2007  
21 (the effective date of Public Act 94-906), 20  
22 additional outpatient visits for speech therapy for  
23 treatment of pervasive developmental disorders that  
24 will be in addition to speech therapy provided pursuant  
25 to item (ii) of this subparagraph (A); and

26 (B) may not include a lifetime limit on the number of

1 days of inpatient treatment or the number of outpatient  
2 visits covered under the plan.

3 (C) (Blank).

4 (5) An issuer of a group health benefit plan or an  
5 individual policy of accident and health insurance or a  
6 qualified health plan offered through the health insurance  
7 marketplace may not count toward the number of outpatient  
8 visits required to be covered under this Section an outpatient  
9 visit for the purpose of medication management and shall cover  
10 the outpatient visits under the same terms and conditions as it  
11 covers outpatient visits for the treatment of physical illness.

12 (5.5) An individual or group health benefit plan amended,  
13 delivered, issued, or renewed on or after September 9, 2015  
14 (the effective date of Public Act 99-480) shall offer coverage  
15 for medically necessary acute treatment services and medically  
16 necessary clinical stabilization services. The treating  
17 provider shall base all treatment recommendations and the  
18 health benefit plan shall base all medical necessity  
19 determinations, pursuant to subsections (h) through (m), for  
20 substance use disorders in accordance with the most current  
21 edition of the Treatment Criteria for Addictive,  
22 Substance-Related, and Co-Occurring Conditions established by  
23 the American Society of Addiction Medicine. The treating  
24 provider shall base all treatment recommendations and the  
25 health benefit plan shall base all medical necessity  
26 determinations, pursuant to subsections (h) through (m), for

1 medication-assisted treatment in accordance with the most  
2 current Treatment Criteria for Addictive, Substance-Related,  
3 and Co-Occurring Conditions established by the American  
4 Society of Addiction Medicine.

5 As used in this subsection:

6 "Acute treatment services" means 24-hour medically  
7 supervised addiction treatment that provides evaluation and  
8 withdrawal management and may include biopsychosocial  
9 assessment, individual and group counseling, psychoeducational  
10 groups, and discharge planning.

11 "Clinical stabilization services" means 24-hour treatment,  
12 usually following acute treatment services for substance  
13 abuse, which may include intensive education and counseling  
14 regarding the nature of addiction and its consequences, relapse  
15 prevention, outreach to families and significant others, and  
16 aftercare planning for individuals beginning to engage in  
17 recovery from addiction.

18 (6) An issuer of a group health benefit plan may provide or  
19 offer coverage required under this Section through a managed  
20 care plan.

21 (6.5) An individual or group health benefit plan amended,  
22 delivered, issued, or renewed on or after January 1, 2019 (the  
23 effective date of Public Act 100-1024):

24 (A) shall not impose prior authorization requirements,  
25 other than those established under the Treatment Criteria  
26 for Addictive, Substance-Related, and Co-Occurring

1           Conditions established by the American Society of  
2           Addiction Medicine, on a prescription medication approved  
3           by the United States Food and Drug Administration that is  
4           prescribed or administered for the treatment of substance  
5           use disorders;

6           (B) shall not impose any step therapy requirements,  
7           other than those established under the Treatment Criteria  
8           for Addictive, Substance-Related, and Co-Occurring  
9           Conditions established by the American Society of  
10          Addiction Medicine, before authorizing coverage for a  
11          prescription medication approved by the United States Food  
12          and Drug Administration that is prescribed or administered  
13          for the treatment of substance use disorders;

14          (C) shall place all prescription medications approved  
15          by the United States Food and Drug Administration  
16          prescribed or administered for the treatment of substance  
17          use disorders on, for brand medications, the lowest tier of  
18          the drug formulary developed and maintained by the  
19          individual or group health benefit plan that covers brand  
20          medications and, for generic medications, the lowest tier  
21          of the drug formulary developed and maintained by the  
22          individual or group health benefit plan that covers generic  
23          medications; and

24          (D) shall not exclude coverage for a prescription  
25          medication approved by the United States Food and Drug  
26          Administration for the treatment of substance use

1 disorders and any associated counseling or wraparound  
2 services on the grounds that such medications and services  
3 were court ordered.

4 (7) (Blank).

5 (8) (Blank).

6 (9) With respect to all mental, emotional, nervous, or  
7 substance use disorders or conditions, coverage for inpatient  
8 treatment shall include coverage for treatment in a residential  
9 treatment center certified or licensed by the Department of  
10 Public Health or the Department of Human Services.

11 (c) This Section shall not be interpreted to require  
12 coverage for speech therapy or other habilitative services for  
13 those individuals covered under Section 356z.15 of this Code.

14 (d) With respect to a group or individual policy of  
15 accident and health insurance or a qualified health plan  
16 offered through the health insurance marketplace, the  
17 Department and, with respect to medical assistance, the  
18 Department of Healthcare and Family Services shall each enforce  
19 the requirements of this Section and Sections 356z.23 and  
20 370c.1 of this Code, the Paul Wellstone and Pete Domenici  
21 Mental Health Parity and Addiction Equity Act of 2008, 42  
22 U.S.C. 18031(j), and any amendments to, and federal guidance or  
23 regulations issued under, those Acts, including, but not  
24 limited to, final regulations issued under the Paul Wellstone  
25 and Pete Domenici Mental Health Parity and Addiction Equity Act  
26 of 2008 and final regulations applying the Paul Wellstone and

1 Pete Domenici Mental Health Parity and Addiction Equity Act of  
2 2008 to Medicaid managed care organizations, the Children's  
3 Health Insurance Program, and alternative benefit plans.  
4 Specifically, the Department and the Department of Healthcare  
5 and Family Services shall take action:

6 (1) proactively ensuring compliance by individual and  
7 group policies, including by requiring that insurers  
8 submit comparative analyses, as set forth in paragraph (6)  
9 of subsection (k) of Section 370c.1, demonstrating how they  
10 design and apply nonquantitative treatment limitations,  
11 both as written and in operation, for mental, emotional,  
12 nervous, or substance use disorder or condition benefits as  
13 compared to how they design and apply nonquantitative  
14 treatment limitations, as written and in operation, for  
15 medical and surgical benefits;

16 (2) evaluating all consumer or provider complaints  
17 regarding mental, emotional, nervous, or substance use  
18 disorder or condition coverage for possible parity  
19 violations;

20 (3) performing parity compliance market conduct  
21 examinations or, in the case of the Department of  
22 Healthcare and Family Services, parity compliance audits  
23 of individual and group plans and policies, including, but  
24 not limited to, reviews of:

25 (A) nonquantitative treatment limitations,  
26 including, but not limited to, prior authorization

1 requirements, concurrent review, retrospective review,  
2 step therapy, network admission standards,  
3 reimbursement rates, and geographic restrictions;

4 (B) denials of authorization, payment, and  
5 coverage; and

6 (C) other specific criteria as may be determined by  
7 the Department.

8 The findings and the conclusions of the parity compliance  
9 market conduct examinations and audits shall be made public.

10 The Director may adopt rules to effectuate any provisions  
11 of the Paul Wellstone and Pete Domenici Mental Health Parity  
12 and Addiction Equity Act of 2008 that relate to the business of  
13 insurance.

14 (d-1) The Department of Insurance and the Department of  
15 Healthcare and Family Services shall each appoint a Mental  
16 Health and Substance Use Disorder Parity Compliance Officer to  
17 assist the departments with the responsibilities of enforcing  
18 the requirements of this Section and Section 370c.1.

19 (e) Availability of plan information.

20 (1) The criteria for medical necessity determinations,  
21 pursuant to subsections (h) through (m), made under a group  
22 health plan, an individual policy of accident and health  
23 insurance, or a qualified health plan offered through the  
24 health insurance marketplace with respect to mental health  
25 or substance use disorder benefits (or health insurance  
26 coverage offered in connection with the plan with respect

1 to such benefits) must be made available by the plan  
2 administrator (or the health insurance issuer offering  
3 such coverage) to any current or potential participant,  
4 beneficiary, or contracting provider upon request.

5 (2) The reason for any denial under a group health  
6 benefit plan, an individual policy of accident and health  
7 insurance, or a qualified health plan offered through the  
8 health insurance marketplace (or health insurance coverage  
9 offered in connection with such plan or policy) of  
10 reimbursement or payment for services with respect to  
11 mental, emotional, nervous, or substance use disorders or  
12 conditions benefits in the case of any participant or  
13 beneficiary must be made available within a reasonable time  
14 and in a reasonable manner and in readily understandable  
15 language by the plan administrator (or the health insurance  
16 issuer offering such coverage) to the participant or  
17 beneficiary upon request.

18 (f) As used in this Section, "group policy of accident and  
19 health insurance" and "group health benefit plan" includes (1)  
20 State-regulated employer-sponsored group health insurance  
21 plans written in Illinois or which purport to provide coverage  
22 for a resident of this State; and (2) State employee health  
23 plans.

24 (g) (1) As used in this subsection:

25 "Benefits", with respect to insurers, means the benefits  
26 provided for treatment services for inpatient and outpatient



1 treatment of substance use disorders or conditions at American  
2 Society of Addiction Medicine levels of treatment 2.1  
3 (Intensive Outpatient), 2.5 (Partial Hospitalization), 3.1  
4 (Clinically Managed Low-Intensity Residential), 3.3  
5 (Clinically Managed Population-Specific High-Intensity  
6 Residential), 3.5 (Clinically Managed High-Intensity  
7 Residential), and 3.7 (Medically Monitored Intensive  
8 Inpatient) and OMT (Opioid Maintenance Therapy) services.

9 "Benefits", with respect to managed care organizations,  
10 means the benefits provided for treatment services for  
11 inpatient and outpatient treatment of substance use disorders  
12 or conditions at American Society of Addiction Medicine levels  
13 of treatment 2.1 (Intensive Outpatient), 2.5 (Partial  
14 Hospitalization), 3.5 (Clinically Managed High-Intensity  
15 Residential), and 3.7 (Medically Monitored Intensive  
16 Inpatient) and OMT (Opioid Maintenance Therapy) services.

17 "Substance use disorder treatment provider or facility"  
18 means a licensed physician, licensed psychologist, licensed  
19 psychiatrist, licensed advanced practice registered nurse, or  
20 licensed, certified, or otherwise State-approved facility or  
21 provider of substance use disorder treatment.

22 (2) A group health insurance policy, an individual health  
23 benefit plan, or qualified health plan that is offered through  
24 the health insurance marketplace, small employer group health  
25 plan, and large employer group health plan that is amended,  
26 delivered, issued, executed, or renewed in this State, or

1 approved for issuance or renewal in this State, on or after  
2 January 1, 2019 (the effective date of Public Act 100-1023)  
3 shall comply with the requirements of this Section and Section  
4 370c.1. The services for the treatment and the ongoing  
5 assessment of the patient's progress in treatment shall follow  
6 the requirements of 77 Ill. Adm. Code 2060.

7 (3) Prior authorization shall not be utilized for the  
8 benefits under this subsection. The substance use disorder  
9 treatment provider or facility shall notify the insurer of the  
10 initiation of treatment. For an insurer that is not a managed  
11 care organization, the substance use disorder treatment  
12 provider or facility notification shall occur for the  
13 initiation of treatment of the covered person within 2 business  
14 days. For managed care organizations, the substance use  
15 disorder treatment provider or facility notification shall  
16 occur in accordance with the protocol set forth in the provider  
17 agreement for initiation of treatment within 24 hours. If the  
18 managed care organization is not capable of accepting the  
19 notification in accordance with the contractual protocol  
20 during the 24-hour period following admission, the substance  
21 use disorder treatment provider or facility shall have one  
22 additional business day to provide the notification to the  
23 appropriate managed care organization. Treatment plans shall  
24 be developed in accordance with the requirements and timeframes  
25 established in 77 Ill. Adm. Code 2060. If the substance use  
26 disorder treatment provider or facility fails to notify the

1 insurer of the initiation of treatment in accordance with these  
2 provisions, the insurer may follow its normal prior  
3 authorization processes.

4 (4) For an insurer that is not a managed care organization,  
5 if an insurer determines that benefits are no longer medically  
6 necessary, the insurer shall notify the covered person, the  
7 covered person's authorized representative, if any, and the  
8 covered person's health care provider in writing of the covered  
9 person's right to request an external review pursuant to the  
10 Health Carrier External Review Act. The notification shall  
11 occur within 24 hours following the adverse determination.

12 Pursuant to the requirements of the Health Carrier External  
13 Review Act, the covered person or the covered person's  
14 authorized representative may request an expedited external  
15 review. An expedited external review may not occur if the  
16 substance use disorder treatment provider or facility  
17 determines that continued treatment is no longer medically  
18 necessary. Under this subsection, a request for expedited  
19 external review must be initiated within 24 hours following the  
20 adverse determination notification by the insurer. Failure to  
21 request an expedited external review within 24 hours shall  
22 preclude a covered person or a covered person's authorized  
23 representative from requesting an expedited external review.

24 If an expedited external review request meets the criteria  
25 of the Health Carrier External Review Act, an independent  
26 review organization shall make a final determination of medical

1 necessity, pursuant to subsections (h) through (m), within 72  
2 hours. If an independent review organization upholds an adverse  
3 determination, an insurer shall remain responsible to provide  
4 coverage of benefits through the day following the  
5 determination of the independent review organization. A  
6 decision to reverse an adverse determination shall comply with  
7 the Health Carrier External Review Act.

8 (5) The substance use disorder treatment provider or  
9 facility shall provide the insurer with 7 business days'  
10 advance notice of the planned discharge of the patient from the  
11 substance use disorder treatment provider or facility and  
12 notice on the day that the patient is discharged from the  
13 substance use disorder treatment provider or facility.

14 (6) The benefits required by this subsection shall be  
15 provided to all covered persons with a diagnosis of substance  
16 use disorder or conditions. The presence of additional related  
17 or unrelated diagnoses shall not be a basis to reduce or deny  
18 the benefits required by this subsection.

19 (7) Nothing in this subsection shall be construed to  
20 require an insurer to provide coverage for any of the benefits  
21 in this subsection.

22 (h)(1) Every insurer that amends, delivers, issues, or  
23 renews group accident and health policies providing coverage  
24 for hospital or medical treatment or services for illness on an  
25 expense-incurred basis on or after July 1, 2020 shall, pursuant  
26 to this Section, provide coverage for the diagnosis and

1 medically necessary treatment of mental, emotional, nervous,  
2 or substance use disorders or conditions.

3 (2) Medically necessary treatment of mental, emotional,  
4 nervous, or substance use disorders or conditions shall be an  
5 item or service that is:

6 (A) recommended by the patient's treatment provider;

7 (B) furnished in the manner and setting that can most  
8 effectively and comprehensively address patients'  
9 conditions, including, but not limited to, functional  
10 impairments, lack of coping skills, symptoms, and the  
11 underlying bio-psycho-social determinants of mental  
12 health, substance use, medical disorders, and any  
13 combination thereof;

14 (C) provided in sufficient amount, duration, and scope  
15 to:

16 (i) prevent, diagnose, or treat a disorder;

17 (ii) achieve age-appropriate growth and  
18 development;

19 (iii) manage the progression of disability; or

20 (iv) attain, maintain, or regain full functional  
21 capacity.

22 (D) consistent with generally accepted standards of  
23 practice, which shall be based on:

24 (i) scientific evidence published in peer-reviewed  
25 medical or scientific literature generally recognized  
26 by the relevant clinical community; or

1           (ii) clinical specialty society recommendations,  
2           professional standards, or consensus statements.

3           (3) An insurer shall not limit benefits or coverage for  
4           chronic or pervasive mental, emotional, nervous, or substance  
5           use disorders or conditions to short-term treatment or to  
6           alleviating current symptoms.

7           (4) Consistent with paragraph (2), for all medical  
8           necessity determinations concerning level of care placement,  
9           continued stay, and transfer and discharge, to the extent  
10           applicable services are described therein, an insurer must  
11           exclusively rely on the most recent editions of:

12           (A) the Treatment Criteria for Addictive,  
13           Substance-Related, and Co-Occurring Conditions (ASAM  
14           Criteria) developed by the American Society of Addiction  
15           Medicine for substance use disorders for patients of any  
16           age;

17           (B) the Level of Care Utilization System (LOCUS)  
18           criteria developed by the American Association of  
19           Community Psychiatrists for mental health disorders for  
20           patients ages 18 years and over;

21           (C) the Child and Adolescent Level of Care Utilization  
22           System (CALOCUS) developed by the American Association of  
23           Community Psychiatrists or the Child and Adolescent  
24           Services Intensity Instrument (CASII) developed by the  
25           American Academy of Child & Adolescent Psychiatry for  
26           mental health disorders for patients ages 6 to 17;

1           (D) the Early Childhood Service Intensity Instrument  
2           (ECSII) developed by the American Academy Child &  
3           Adolescent Psychiatry for mental health disorders for  
4           patients ages 0 to 5 years; or

5           (E) the American Psychiatric Association criteria for  
6           eating disorders for a primary diagnosis of an eating  
7           disorder for patients of any age.

8           (5) To ensure the proper use of criteria described in  
9           paragraph (4), insurers shall:

10           (A) track, identify, and analyze how the clinical  
11           guidelines are used to certify care, deny care, and support  
12           the appeals process and submit the results of this analysis  
13           to the Department or, in the case of Medicaid managed care  
14           organizations, to the Department of Healthcare and Family  
15           Services on July 1 of every year. The Departments are to  
16           submit a joint report summarizing the submitted analyses to  
17           the General Assembly by January 1 of every year;

18           (B) apply the criteria to the level of treatment  
19           proposed by the insured patient's treatment provider and  
20           not impose criteria for a different or higher level of  
21           treatment;

22           (C) run inter-rater reliability reports about how the  
23           clinical guidelines are used in conjunction with the  
24           utilization management process and parity compliance  
25           activities;

26           (D) achieve inter-rater reliability pass rates of at

1 least 90% and, whenever this threshold is not met,  
2 immediately provide for the remediation of poor  
3 inter-rater reliability and inter-reliability testing for  
4 all new staff before they can conduct utilization review  
5 without supervision; and

6 (E) report the activities in this subsection to the  
7 plan's quality assurance committee.

8 (i) Every insurer that amends, delivers, issues, or renews  
9 group accident and health policies providing coverage for  
10 hospital or medical treatment or services for illness on an  
11 expense-incurred basis shall, at minimum, include the  
12 following services as covered benefits for mental, emotional,  
13 nervous, or substance use disorders or conditions:

14 (1) outpatient services;

15 (2) inpatient services;

16 (3) intermediate services, including the full range of  
17 levels of care in the most recent edition of the ASAM  
18 criteria, LOCUS, CALOCUS, ECSII, and CASII (including, but  
19 not limited to, partial hospitalization, intensive  
20 outpatient, psycho-social treatment models, and  
21 coordinated specialty care);

22 (4) emergency and urgent care services, both inpatient  
23 and outpatient;

24 (5) all medications approved by the United States Food  
25 and Drug Administration for the treatment of substance use  
26 disorders; and



1           (6) emergency medication without prior authorization.

2           (j) If any medically necessary services for mental,  
3 emotional, nervous, or substance use disorders or conditions  
4 are not available in-network within the geography and  
5 timeliness standards set by law or regulation, the insurer must  
6 immediately cover out-of-network services, whether secured by  
7 the patient or insurer, at an in-network benefit level and  
8 reimburse out-of-network providers for such services at full  
9 billed charges. An insurer may not interrupt a course of  
10 treatment initiated out-of-network due to inadequacy if  
11 in-network services subsequently become available.

12           (k) An insurer shall not limit the benefits or coverage for  
13 medically necessary services on the basis that those services  
14 should be or could be covered by a public entitlement program,  
15 including, but not limited to, special education or an  
16 individualized education program, Medicaid, Medicare,  
17 Supplemental Security Income, or Social Security Disability  
18 Insurance, and shall not include or enforce a contract term  
19 that excludes otherwise covered benefits on the basis that  
20 those services should be or could be covered by a public  
21 entitlement program.

22           (l) An insurer shall only engage applicable qualified  
23 physicians who specialize in the treatment of mental,  
24 emotional, nervous, or substance use disorders or conditions or  
25 the appropriate subspecialty therein and who possess an active  
26 professional license or certificate, to review, approve, or

1 deny services.

2 (m) An insurer shall not adopt, impose, or enforce any  
3 terms in its policies or provider agreements, in writing or in  
4 operation, that undermine or alter the requirements in this  
5 Section.

6 (n) If the Department determines that an insurer has failed  
7 to meet any requirement of this Section or Section 370c.1, the  
8 Department shall impose a penalty per product line with respect  
9 to each participant or beneficiary to whom such failure  
10 relates.

11 (1) The amount of the penalty imposed shall be as  
12 follows:

13 (A) for violations in which it is established that  
14 the insurer did not know and, by exercising reasonable  
15 diligence, would not have known that the insurer  
16 violated a provision, an amount not less than \$100 or  
17 more than \$50,000 for each violation;

18 (B) for a violation in which it is established that  
19 the violation was due to reasonable cause and not to  
20 willful neglect, an amount not less than \$1,000 or more  
21 than \$50,000 for each violation;

22 (C) for a violation in which it is established that  
23 the violation was due to willful neglect and was timely  
24 corrected, an amount not less than \$10,000 or more than  
25 \$50,000 for each violation; and

26 (D) for a violation in which it is established that

1           the violation was due to willful neglect and was not  
2           timely corrected, an amount not less than \$50,000 for  
3           each violation.

4           (2) Except that a penalty for violations of the same  
5           requirement or prohibition under any of these categories  
6           may not exceed \$3,000,000 in a calendar year.

7           (3) With respect to parity, violations of different  
8           State or federal requirements or prohibitions shall be  
9           considered a unique violation for the purposes of paragraph  
10          (2).

11          (4) The amounts in this subsection shall be annually  
12          adjusted for inflation in accordance with 26 U.S.C.  
13          1(f)(3).

14          (5) Notwithstanding paragraph (3) of Section 403A,  
15          penalties under this Section and Section 370c.1 shall not  
16          be subject to time limits.

17          (Source: P.A. 100-305, eff. 8-24-17; 100-1023, eff. 1-1-19;  
18          100-1024, eff. 1-1-19; 101-81, eff. 7-12-19; 101-386, eff.  
19          8-16-19; revised 9-20-19.)