### **101ST GENERAL ASSEMBLY**

## State of Illinois

## 2019 and 2020

#### HB3511

by Rep. Mary E. Flowers

## SYNOPSIS AS INTRODUCED:

New Act

Creates the Maternal Mental Health Conditions Education, Early Diagnosis, and Treatment Act. Provides that a general acute care hospital or special hospital that has a perinatal unit, in collaboration with medical staff, shall by January 1, 2021 develop and implement a program to provide education and information to appropriate health care professionals and patients about maternal mental health conditions. Provides that the educational program shall include: (i) education and information for postpartum women and families about maternal mental health conditions, post-hospital treatment options, and community resources; (ii) education and information for hospital employees regularly assigned to work in the perinatal unit, including, as appropriate, registered nurses and social workers, about maternal mental health conditions; and (iii) any other service the hospital determines should be included in the program to provide optimal patient care.

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FISCAL NOTE ACT MAY APPLY

A BILL FOR

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1

AN ACT concerning health.

# 2 Be it enacted by the People of the State of Illinois, 3 represented in the General Assembly:

Section 1. Short title. This Act may be cited as the the
Maternal Mental Health Conditions Education, Early Diagnosis,
and Treatment Act.

7 Section 5. Findings. The General Assembly finds the 8 following:

9 (1) Maternal depression is a common complication of 10 pregnancy. Maternal mental health disorders encompass a 11 range of mental health conditions, such as depression, 12 anxiety, and postpartum psychosis.

13 (2) Maternal mental health conditions affect one in 5
14 women during or after pregnancy, but all women are at risk
15 of suffering from maternal mental health conditions.

16 (3) Untreated maternal mental health conditions 17 significantly and negatively impact the short-term and 18 long-term health and well-being of affected women and their 19 children.

(4) Untreated maternal mental health conditions cause
 adverse birth outcomes, impaired maternal-infant bonding,
 poor infant growth, childhood emotional and behavioral
 problems, and significant medical and economic costs,

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1 estimated to be \$22,500 per mother.

(5) Lack of understanding and social stigma of mental
health conditions prevent women and families from
understanding the signs, symptoms, and risks involved with
maternal mental health conditions and disproportionately
affect women who lack access to social support networks.

7 (6) It is the intent of the General Assembly to raise 8 awareness of the risk factors, signs, symptoms, and 9 treatment options for maternal mental health conditions 10 among pregnant women and their families, the general 11 public, primary health care providers, and health care 12 providers who care for pregnant women, postpartum women, 13 and newborn infants.

14 Section 10. Definitions. In this Act:

15 "General acute care hospital" means a health facility 16 having a duly constituted governing body with overall administrative and professional responsibility and 17 an organized medical staff that provides 24-hour inpatient care, 18 including the following basic services: medical, nursing, 19 surgical, anesthesia, laboratory, radiology, pharmacy, and 20 21 dietary services. A general acute care hospital may include 22 more than one physical plant maintained and operated on 23 separate premises. A general acute care hospital that 24 exclusively provides acute medical rehabilitation center 25 services, including at least physical therapy, occupational

therapy, and speech therapy, may provide for the required surgical and anesthesia services through a contract with another acute care hospital.

4 "Maternal mental health condition" means a mental health
5 condition that occurs during pregnancy or during the postpartum
6 period and includes, but is not limited to, postpartum
7 depression.

8 "Perinatal unit" is a maternity and newborn service of a 9 hospital for the provision of care during pregnancy, labor, 10 delivery, and postpartum and neonatal periods with appropriate 11 staff, space, equipment, and supplies.

"Special hospital" means a health facility having a duly constituted governing body with overall administrative and professional responsibility and an organized medical or dental staff that provides inpatient or outpatient care in dentistry or maternity.

17 Section 15. Educational program about maternal mental 18 health conditions. A general acute care hospital or special hospital that has a perinatal unit, in collaboration with 19 20 medical staff, shall by January 1, 2021 develop and implement a 21 program to provide education and information to appropriate 22 health care professionals and patients about maternal mental health conditions. The educational program developed under 23 24 this Section shall include all of the following:

25 (a) Education and information for postpartum women and

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families about maternal mental health conditions,
 post-hospital treatment options, and community resources.

3 (b) Education and information for hospital employees 4 regularly assigned to work in the perinatal unit, including, as 5 appropriate, registered nurses and social workers, about 6 maternal mental health conditions.

7 (c) Any other service the hospital determines should be
8 included in the program to provide optimal patient care.