



## 104TH GENERAL ASSEMBLY

### State of Illinois

2025 and 2026

HB5400

Introduced 2/10/2026, by Rep. Daniel Didech

#### SYNOPSIS AS INTRODUCED:

5 ILCS 440/1

from Ch. 1, par. 3201

Amends the Time Standardization Act. Exempts the State, after Iowa and Missouri are exempt, from daylight saving time under the exemption provisions of the federal Uniform Time Act of 1966 and declares the standard time in the State year-round to be United States standard central time. Makes findings.

LRB104 16305 BDA 29691 b

1 AN ACT concerning government.

2 **Be it enacted by the People of the State of Illinois,**  
3 **represented in the General Assembly:**

4 Section 5. Findings. The General Assembly hereby finds and  
5 declares as follows:

6 (a) Changing clocks seasonally is disruptive to the  
7 health, safety, education, and economy of the people of the  
8 State of Illinois.

9 (b) Federal law only permits permanent standard time by  
10 exemption from daylight saving time as the alternative to  
11 seasonally changing clocks.

12 (c) Permanent daylight saving time has historically been  
13 repealed due to its harmful effects soon after its trials  
14 during World War II and the 1970s Oil Crisis.

15 (d) Permanent standard time has historically proven to  
16 last without incident for decades.

17 (e) The American Academy of Sleep Medicine, National Sleep  
18 Foundation, Sleep Research Society, and Society for Research  
19 on Biological Rhythms advise against permanent daylight saving  
20 time and recommend permanent standard time.

21 (f) Standard time is intended to approximate natural solar  
22 time.

23 (g) Coordination with contiguous states regarding  
24 timekeeping is essential to convenience of commerce.

1 Section 10. The Time Standardization Act is amended by  
2 changing Section 1 as follows:

3 (5 ILCS 440/1) (from Ch. 1, par. 3201)

4 Sec. 1.

5 (a) (1) This subsection (a) becomes inoperative if  
6 subsection (b) becomes operative.

7 (2) At two o'clock ante meridian of the second Sunday in  
8 March of each year, the standard time in this State shall be  
9 advanced one hour, and at two o'clock ante meridian of the  
10 first Sunday in November of each year the standard time in this  
11 State shall, by the retarding of one hour, be made to coincide  
12 with the mean astronomical time of the ninety degrees of  
13 longitude West from Greenwich, the standard official time of  
14 which is described as United States standard central time, so  
15 that between the second Sunday of March at two o'clock ante  
16 meridian in each year and the first Sunday in November at two  
17 o'clock ante meridian in each year the standard time in this  
18 State shall be one hour in advance of the United States  
19 standard central time: Provided, however, that nothing in this  
20 Act shall be so construed as to be in contravention of any  
21 federal law or authorized order of the Interstate Commerce  
22 Commission with respect to the time zones of the United  
23 States. And in all laws, statutes, orders, judgments, rules  
24 and regulations relating to the time of performance of any act

1 of any officer or department of this State, or of any county,  
2 township, city or town, municipal corporation, agency or  
3 instrumentality of the State, or school district or school  
4 authority or relating to the time in which any rights shall  
5 accrue or determine, or within which any act shall or shall not  
6 be performed by any person subject to the jurisdiction of the  
7 State, and in all the public schools and in all institutions of  
8 the State, or of any county, township, city or town, municipal  
9 corporation, agency or instrumentality of the State or school  
10 district or school authority, and in all contracts or choses  
11 in action made or to be performed in the State, it shall be  
12 understood and intended that the time shall be the time  
13 prescribed in this Section.

14 (3) If the date on which time is to be advanced one hour,  
15 the date on which time is to be retarded one hour, or both, as  
16 set forth under Section 260a of the federal Uniform Time Act of  
17 1966 (15 U.S.C. 260a), as now or hereafter amended,  
18 renumbered, or succeeded, differs from either or both of those  
19 dates as set forth under this Section, then the dates set forth  
20 under the federal law shall control and shall apply in  
21 Illinois, notwithstanding the dates set forth in this Section.

22 (b) (1) This subsection (b) becomes operative on the first  
23 day of January in the first year following or coinciding with  
24 the date upon which exemption from daylight saving time in the  
25 states of Iowa and Missouri takes effect.

26 (2) The standard time in this State shall be made to

1 coincide year-round with the mean astronomical time of the 90  
2 degrees of longitude West from Greenwich, the standard  
3 official time of which is described as United States standard  
4 central time in the Uniform Time Act of 1966, 15 U.S.C. 261 and  
5 263. The State, acting under the exemption provisions of the  
6 federal Uniform Time Act of 1966, 15 U.S.C. 260a, shall be  
7 exempt from the provisions of that law that establish daylight  
8 saving time. And in all laws, statutes, orders, judgments,  
9 rules, and regulations relating to the time of performance of  
10 any act of any officer or department of this State, or of any  
11 county, township, city or town, municipal corporation, agency  
12 or instrumentality of the State, or school district or school  
13 authority or relating to the time in which any rights shall  
14 accrue or determine, or within which any act shall or shall not  
15 be performed by any person subject to the jurisdiction of the  
16 State, and in all the public schools and in all institutions of  
17 the State, or of any county, township, city or town, municipal  
18 corporation, agency or instrumentality of the State, or school  
19 district or school authority, and in all contracts or choses  
20 in action made or to be performed in the State, it shall be  
21 understood and intended that the time shall be the time  
22 prescribed in this Section.

23 (Source: P.A. 95-725, eff. 6-30-08.)