

## 1 HOUSE RESOLUTION

2 WHEREAS, In the United States, diabetes has reached  
3 epidemic proportions; in Illinois alone, more than 510,000  
4 residents have been diagnosed with type 2 diabetes and many  
5 others remain undiagnosed or untreated; and

6 WHEREAS, People with diabetes, more than 90% of whom have  
7 Type 2 diabetes, can not make enough or properly use insulin,  
8 a hormone that is necessary for converting sugar, or glucose,  
9 into energy; elevated blood sugar levels are associated with  
10 a number of serious complications such as heart attack,  
11 stroke, blindness, amputation, and kidney disease; and

12 WHEREAS, There are more than 255,000 people in Illinois  
13 who have been diagnosed with diabetes but have not been able  
14 to achieve adequate blood sugar control and therefore remain  
15 at increased risk for the consequences associated with  
16 uncontrolled diabetes; and

17 WHEREAS, A1c, a test that measures blood glucose levels  
18 over a two to three month period, is considered the standard  
19 for assessing blood sugar control; an A1c level below 7% is  
20 the goal that is established by the American Diabetes  
21 Association (ADA), and achieving this level is important to  
22 help reduce the risk of complications; however, more than  
23 half of Americans with diabetes undergoing treatment have  
24 unacceptably high blood sugar levels; and

25 WHEREAS, There is a great need for the community at large  
26 to commit to ensuring that diabetes is properly monitored and  
27 treated in the United States; we must help people living with  
28 diabetes to live healthy lives as well as Aim for, Believe  
29 in, and Achieve an A1c of less than 7%; physicians must also  
30 be encouraged to work cooperatively with their patients to  
31 optimize treatment and management of diabetes; barriers to  
32 service must be removed through the improvement of the

1 existing patient care structure; finally, if a patient has an  
2 Alc level higher than 7%, we must ensure that he or she is  
3 taking advantage of every possible resource to achieve his or  
4 her target Alc level; therefore, be it

5 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE  
6 NINETY-SECOND GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that  
7 we challenge all citizens in Illinois to help everyone  
8 affected by diabetes to Aim for, Believe in, and Achieve an  
9 Alc of less than 7%; that anyone affected by diabetes,  
10 whether a practitioner, educator, policy-maker, patient, or  
11 caregiver, is urged to pledge his or her commitment to  
12 advancing this cause to help ensure that those with diabetes  
13 are living healthier lives; and it be further

14 RESOLVED, That a suitable copy of this resolution be  
15 presented to the American Diabetes Association.