



HR0582

LRB096 13558 GRL 28317 r

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HOUSE RESOLUTION

2 WHEREAS, The members of the Illinois House of
3 Representatives and State Representative Monique D. Davis
4 resolve to find proper solutions to the problems that face the
5 citizens of our State and the nation; and

6 WHEREAS, Recent studies by the National Health and
7 Nutrition Examination Survey suggest that an estimated 61
8 percent of U.S. adults are currently overweight or obese; and

9 WHEREAS, In addition to possible psychological
10 repercussions, obesity can lead to numerous health conditions,
11 including heart attack, stroke, high blood pressure, diabetes,
12 knee and joint problems, various types of cancer, and death;
13 300,000 deaths each year in the United States are associated
14 with obesity; and

15 WHEREAS, Studies from the University of New Hampshire have
16 found that 18 to 24 year olds are on the path toward chronic
17 health diseases; the studies found that, from a group of more
18 than 800 undergraduates, at least one-third of UNH students
19 were overweight or obese, 8 percent of men had metabolic
20 syndrome, 60 percent of men had high blood pressure, and more
21 than two-thirds of women were not meeting their nutritional
22 needs for iron, calcium, or folate; and

1 WHEREAS, The prevalence rate of obesity in college students
2 has doubled over the past 10 years; the rise is partly
3 attributed to an increasing number of colleges and universities
4 contracting meals out to fast food chains, such as McDonald's,
5 Domino's Pizza, or Taco Bell; and

6 WHEREAS, There is an absence of fresh and healthy food
7 choices at many universities in the United States and a lack of
8 understanding of how unhealthy food choices lead to health
9 problems; and

10 WHEREAS, The United States government, like the Illinois
11 General Assembly, has a responsibility to provide for the
12 safety and welfare of the citizenry; therefore, be it

13 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
14 NINETY-SIXTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
15 urge the United States President and Congress to pass
16 legislation that would regulate the nutritional content of the
17 food that universities, particularly historically black
18 universities, offer to their students on campus in order to
19 decrease the nation's obesity problems; and be it further

20 RESOLVED, That a suitable copy of this resolution be
21 presented to President Barack Obama and the members of the

1 Illinois congressional delegation.