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HOUSE RESOLUTION

WHEREAS, The mission of the YMCA is to build strong kids, strong families, and strong communities through programs that focus on developing a healthy mind, body, and spirit for all; and

WHEREAS, Our children's health is a concern for the whole community; because parents can be the best role models for their kids, and kids' health habits mirror those of their parents and other adult role models, YMCA Healthy Kids Day is a great time for communities to come together to learn more about healthier lifestyles; and

WHEREAS, Among children and teens ages 6 to 19 in the United States, 16 percent (over 9 million) are overweight according to the Centers for Disease Control 1999-2002 data, or triple what the proportion was in 1980, and 29 percent of low-income children between 2 and 5 years of age in Illinois are overweight or at risk of becoming overweight; and

WHEREAS, YMCAs throughout Illinois are dedicated to providing programs and services to over 384,000 youth between the ages of one and seventeen; and

WHEREAS, Community-based responses alleviate the growing epidemic of obesity and physical inactivity, particularly among young people; and

WHEREAS, YMCA Healthy Kids Day is a national event celebrating healthy living and helping kids and families embrace habits that can become a lifelong practice; and

WHEREAS, On April 8, 2006, YMCAs throughout the nation and the State of Illinois will sponsor YMCA Healthy Kids Day to help our youth become more healthy; therefore, be it

1 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
2 NINETY-FOURTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that
3 we join YMCAs in the State of Illinois, and throughout the
4 nation in the fight against childhood obesity by recognizing
5 April 8, 2006, as YMCA Healthy Kids Day; and be it further

6 RESOLVED, That suitable copies of this resolution be
7 presented to participating YMCAs in Illinois.