



93RD GENERAL ASSEMBLY
State of Illinois
2003 and 2004

Introduced 2/6/2004, by Iris Y. Martinez

SYNOPSIS AS INTRODUCED:

20 ILCS 2310/2310-610 new
105 ILCS 5/10-20.39 new
105 ILCS 5/34-18.30 new

Amends the Department of Public Health Powers and Duties Law of the Civil Administrative Code of Illinois and the School Code. Provides that a school board may establish a child nutrition and physical activity advisory committee to develop and recommend to the school board policies to promote healthy eating and physical activity. Requires the Department of Public Health to establish and administer a program to provide grants to school districts that establish a committee and develop a plan for improving the school health environment. Effective September 1, 2004.

LRB093 18237 NHT 43936 b

FISCAL NOTE ACT
MAY APPLY

1 AN ACT concerning education.

2 **Be it enacted by the People of the State of Illinois,**
3 **represented in the General Assembly:**

4 Section 5. The Department of Public Health Powers and
5 Duties Law of the Civil Administrative Code of Illinois is
6 amended by adding Section 2310-610 as follows:

7 (20 ILCS 2310/2310-610 new)

8 Sec. 2310-610. Child nutrition and physical activity grant
9 program. The Department shall establish and administer a
10 program to provide grants to school districts that establish a
11 child nutrition and physical activity advisory committee under
12 Section 10-20.39 or 34-18.30 of the School Code and that
13 develop a plan for improving the school health environment. The
14 amount of a grant to a school district may not exceed \$10,000 a
15 year, and a school district may not receive a grant for more
16 than 3 years. The Department may adopt any rules necessary to
17 implement this Section.

18 Section 10. The School Code is amended by adding Sections
19 10-20.39 and 34-18.30 as follows:

20 (105 ILCS 5/10-20.39 new)

21 Sec. 10-20.39. Child nutrition and physical activity
22 advisory committee.

23 (a) A school board may establish a child nutrition and
24 physical activity advisory committee to develop and recommend
25 to the school board policies to promote healthy eating and
26 physical activity. The committee may include food service
27 directors and staff, parents, pupils, nutritionists, health
28 care professionals, and interested community organizations but
29 not food manufacturers, food marketers, or other parties with
30 conflicts of interest or financial interests in selling foods

1 in schools. The committee is encouraged to hold at least one
2 public hearing.

3 (b) The committee's recommendations may include the
4 following issues and goals:

5 (1) Ensuring that no pupil is hungry and that a healthy
6 and nutritious breakfast, lunch, and after-school snack is
7 available.

8 (2) Improving nutrition standards, food quality, and
9 food choices.

10 (3) Increasing the availability of fruits, vegetables,
11 and other foods high in micronutrients and fiber and low in
12 sodium, added sugars, and saturated and trans fat at all
13 school-related food sites.

14 (4) Ensuring that foods served are fresh and, when
15 possible, purchased from Illinois farmers.

16 (5) Encouraging eligible pupils to participate in the
17 school lunch program.

18 (6) Integrating nutrition and physical activity into
19 the overall curriculum.

20 (7) Providing regular professional development for
21 food services staff.

22 (8) Providing a minimum of 30 minutes to eat lunch and
23 20 minutes to eat breakfast.

24 (9) Providing daily physical activity for all
25 students.

26 (105 ILCS 5/34-18.30 new)

27 Sec. 34-18.30. Child nutrition and physical activity
28 advisory committee.

29 (a) The board may establish a child nutrition and physical
30 activity advisory committee to develop and recommend to the
31 board policies to promote healthy eating and physical activity.
32 The committee may include food service directors and staff,
33 parents, pupils, nutritionists, health care professionals, and
34 interested community organizations but not food manufacturers,
35 food marketers, or other parties with conflicts of interest or

1 financial interests in selling foods in schools. The committee
2 is encouraged to hold at least one public hearing.

3 (b) The committee's recommendations may include the
4 following issues and goals:

5 (1) Ensuring that no pupil is hungry and that a healthy
6 and nutritious breakfast, lunch, and after-school snack is
7 available.

8 (2) Improving nutrition standards, food quality, and
9 food choices.

10 (3) Increasing the availability of fruits, vegetables,
11 and other foods high in micronutrients and fiber and low in
12 sodium, added sugars, and saturated and trans fat at all
13 school-related food sites.

14 (4) Ensuring that foods served are fresh and, when
15 possible, purchased from Illinois farmers.

16 (5) Encouraging eligible pupils to participate in the
17 school lunch program.

18 (6) Integrating nutrition and physical activity into
19 the overall curriculum.

20 (7) Providing regular professional development for
21 food services staff.

22 (8) Providing a minimum of 30 minutes to eat lunch and
23 20 minutes to eat breakfast.

24 (9) Providing daily physical activity for all
25 students.

26 Section 99. Effective date. This Act takes effect September
27 1, 2004.