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## 1 HOUSE RESOLUTION

2 WHEREAS, The theme of the 2017 National Eating Disorders
3 Awareness Week is, "It's Time to Talk About It", which will
4 focus on busting myths and getting out the facts about eating
5 disorders and encourage everyone to get screened; and

WHEREAS, Eating disorders are serious conditions that are potentially life-threatening and have a great impact on both a person's physical and emotional health; too often, signs and symptoms are overlooked, and many individuals, families, and communities are unaware of the devastating mental and physical consequences of eating disorders, as well as the pressures, attitudes, and behaviors which shape them; and

WHEREAS, In the United States, 20 million women and 10 million men suffer from clinically significant eating disorders at some time in their lives; these disorders affect people across all backgrounds and include anorexia nervosa, bulimia nervosa, and binge eating disorders; and

WHEREAS, The National Eating Disorders Association strives to address the many misconceptions regarding eating disorders, and to highlight the availability of resources for treatment and support; and

- 1 WHEREAS, National Eating Disorders Awareness Week is a 2 collaborative effort consisting primarily of volunteers, eating disorder professionals, health 3 including workers. students, educators, social 4 providers, and 5 individuals committed to raising awareness of the dangers eating disorders and the need 6 surrounding for intervention and treatment access; and 7
- WHEREAS, Eating disorders usually appear in adolescence and are associated with substantial psychological problems, including depression, substance abuse, and suicide; they are serious illnesses, not lifestyle choices; in fact, anorexia has the highest mortality rate of any mental illness; and
- 13 WHEREAS, Many cases of eating disorders go undetected; less
  14 than one-third of youth with eating disorders will receive
  15 treatment; and
- 16 WHEREAS, Eating disorder experts have found that prompt
  17 intensive treatment significantly improves the chances of
  18 recovery; therefore, it is important for educators, medical
  19 providers, parents, and community members to be aware of the
  20 warning signs and the symptoms of eating disorders; and
- 21 WHEREAS, National Eating Disorders Awareness Week will 22 highlight the importance of screenings for the early detection

- 1 and intervention of eating disorders; it will bust myths and
- 2 present eating disorders as a public health issue, with close
- 3 connections to substance abuse, trauma, obesity, and other
- 4 mental health conditions, such as depression, anxiety, and
- 5 obsessive-compulsive disorder; and
- WHEREAS, The members of this body recognize the vital work
  of National Eating Disorders Awareness Week in promoting public
  and media attention to the seriousness of eating disorders and
  for working to improve education about their biological and

environmental causes, as well as how to help those who are

- 11 struggling with these debilitating diseases; therefore, be it
- 12 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE ONE
- 13 HUNDREDTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, that we
- declare the week of February 26 to March 4, 2017 as Eating
- Disorders Awareness Week in the State of Illinois; and be it
- 16 further

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- 17 RESOLVED, That a suitable copy of this resolution be
- 18 presented to the National Eating Disorders Association.